

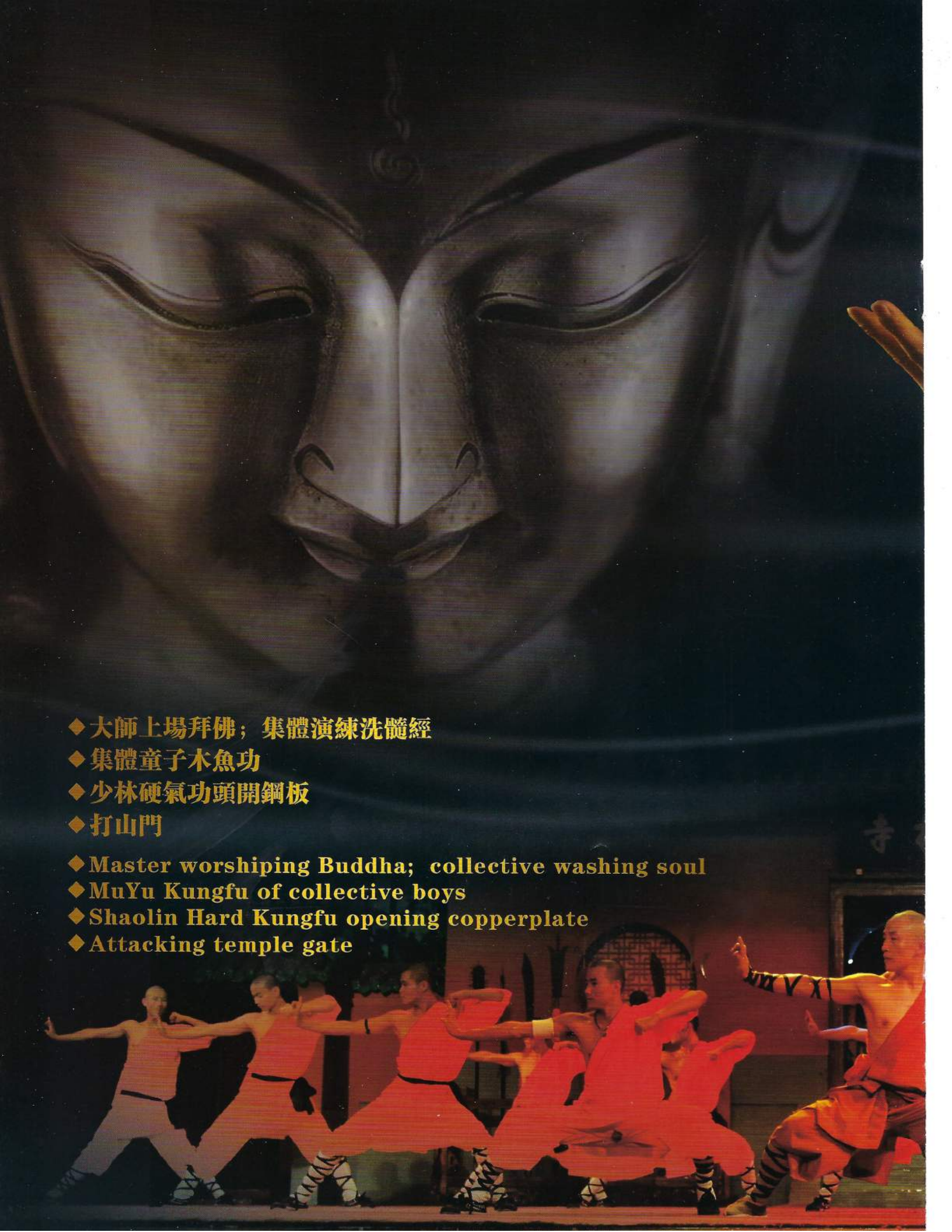


# 少林武魂

**THE SOUL OF  
SHAOLIN MARTIAL ARTS**







◆大師上場拜佛；集體演練洗髓經

◆集體童子木魚功

◆少林硬氣功頭開鋼板

◆打山門

◆Master worshiping Buddha; collective washing soul

◆MuYu Kungfu of collective boys

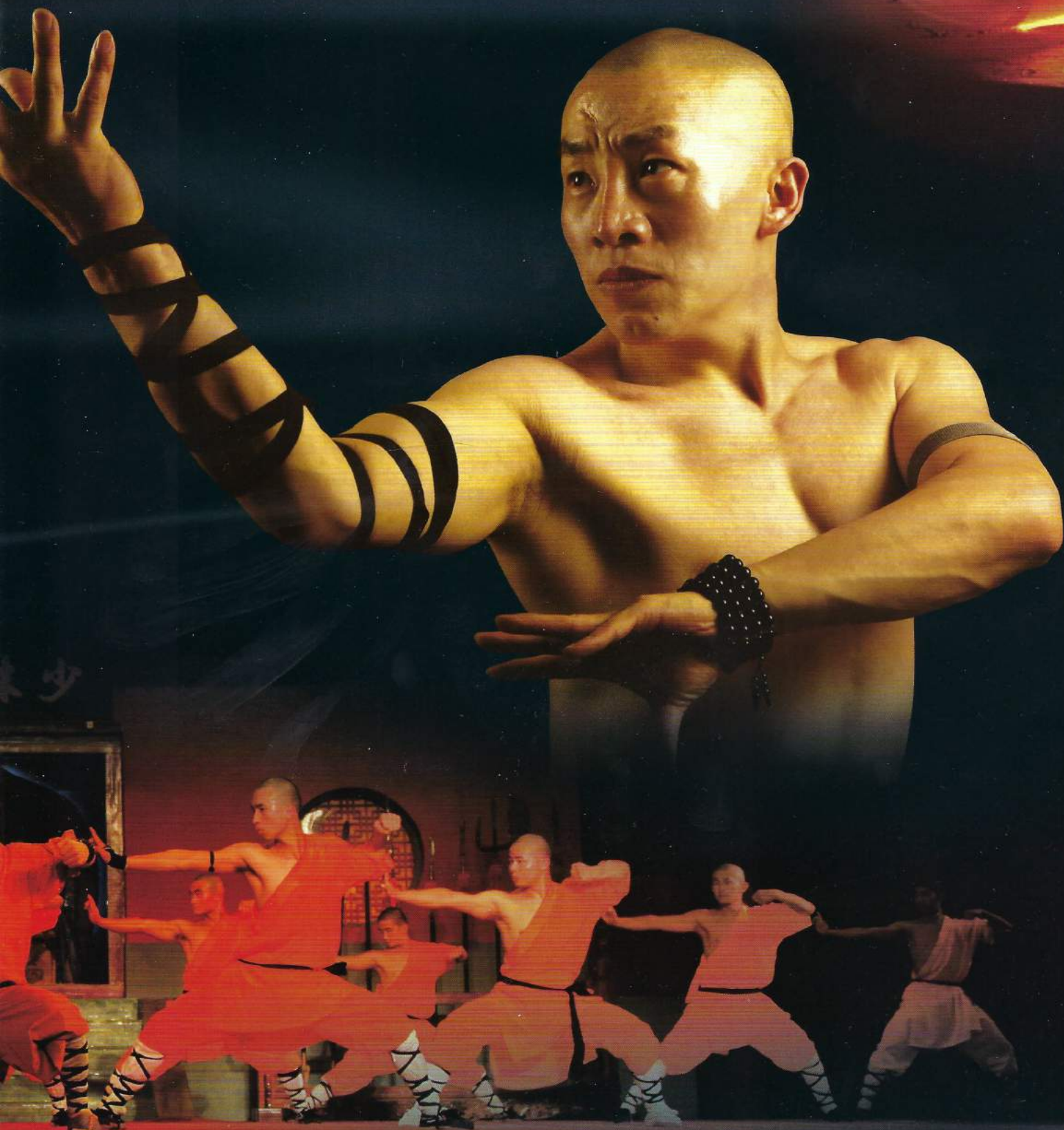
◆Shaolin Hard Kungfu opening copperplate

◆Attacking temple gate



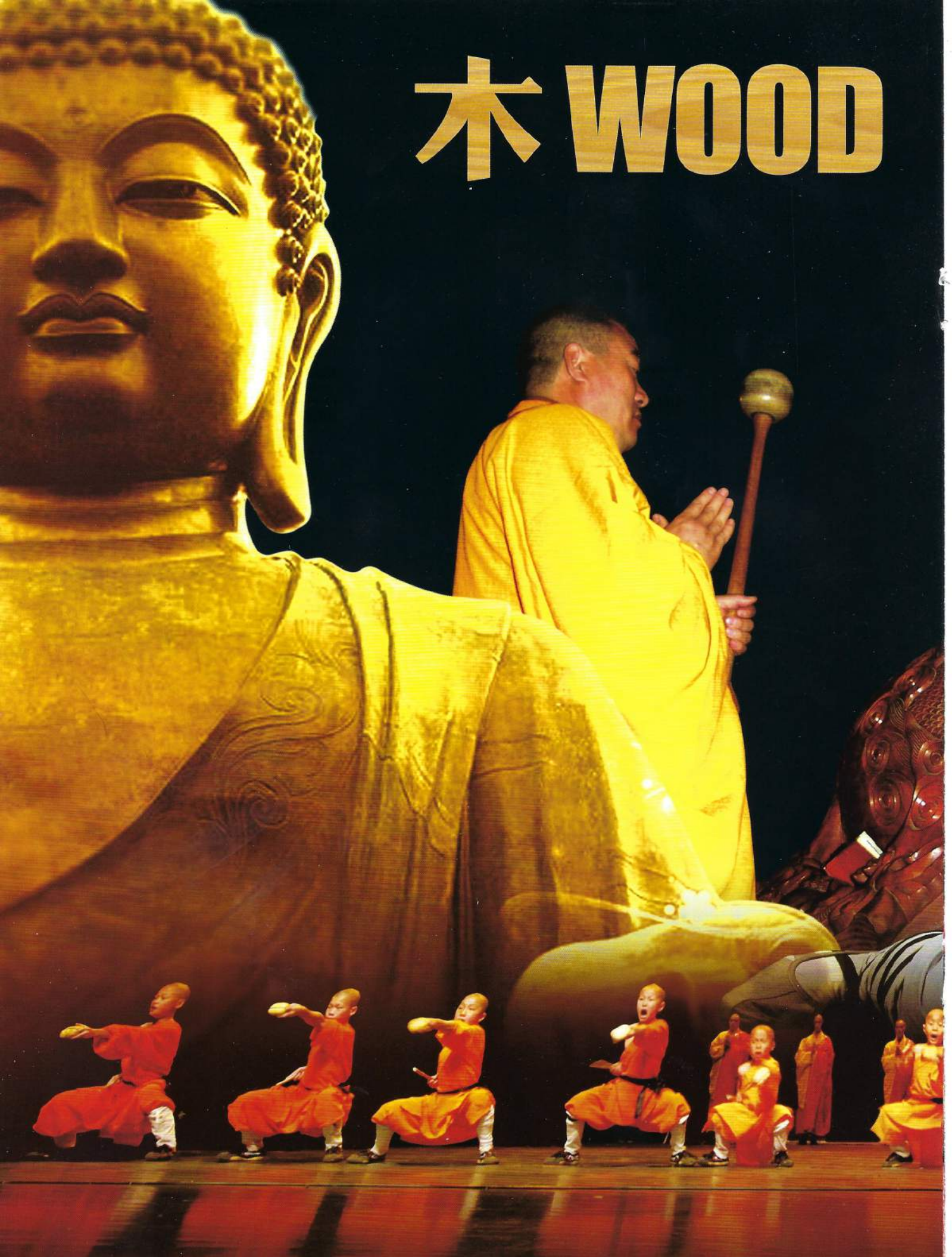


# 金 GOLD



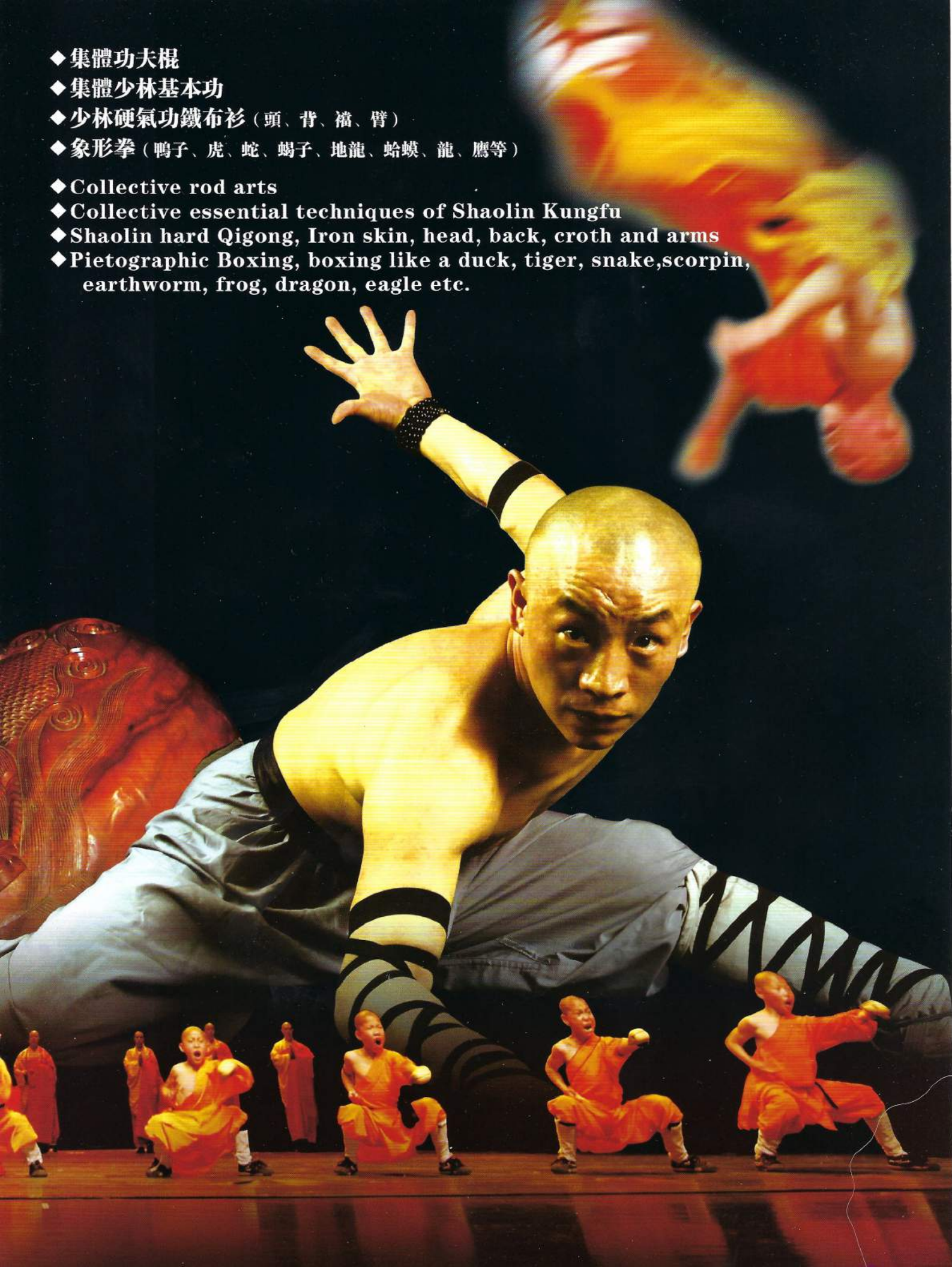


# 木 WOOD





- ◆ 集體功夫棍
- ◆ 集體少林基本功
- ◆ 少林硬氣功鐵布衫 (頭、背、襠、臂)
- ◆ 象形拳 (鴨子、虎、蛇、蝎子、地龍、蛤蟆、龍、鷹等)
- ◆ Collective rod arts
- ◆ Collective essential techniques of Shaolin Kungfu
- ◆ Shaolin hard Qigong, Iron skin, head, back, croth and arms
- ◆ Pietographic Boxing, boxing like a duck, tiger, snake,scorpin, earthworm, frog, dragon, eagle etc.





◆集體功夫拳、童子功

◆少林硬氣功上刀山

◆少林盾牌刀

◆少林集體功夫扇

◆Collective Kungfu Boxing, virgin's Kungfu

◆Shaolin Hard Qigong, climb knife mountain

◆Shaolin Knife and Shield

◆Shaolin collective Kungfu Fan



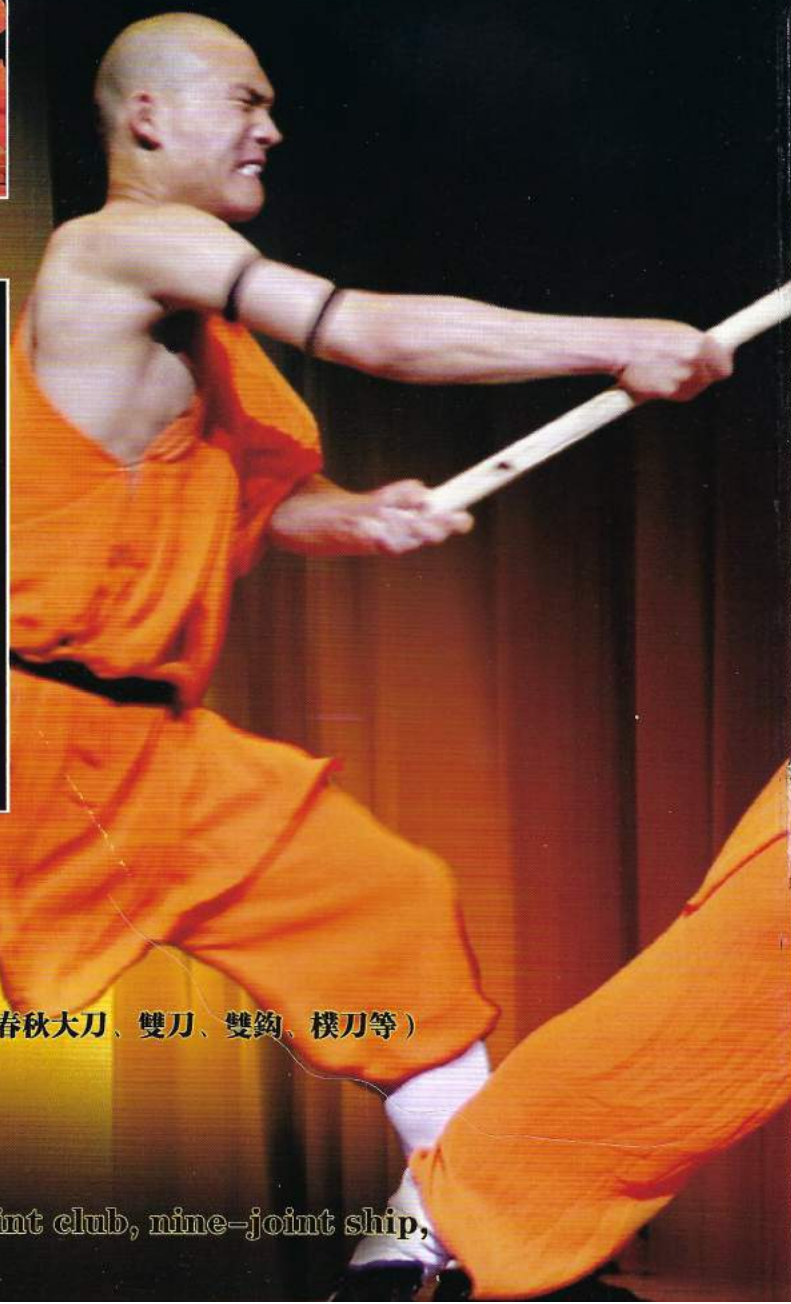
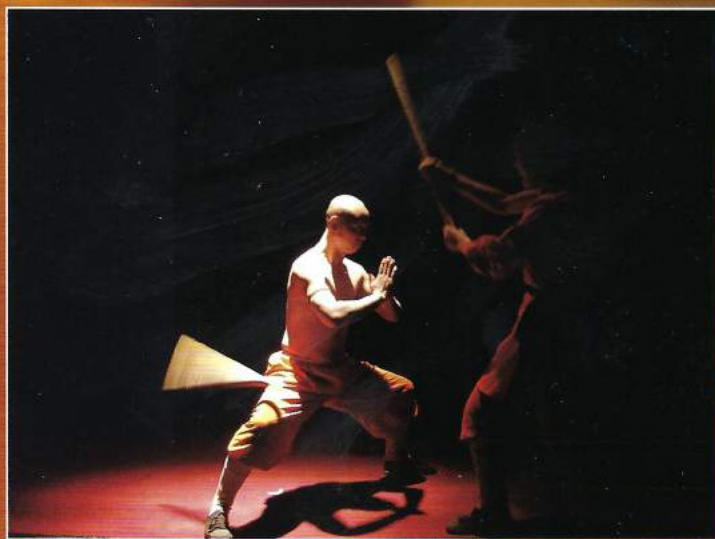


# 水 WATER





# 火 FIRE



◆少林集體樸刀

◆童子吸碗

◆集體功夫掃把

◆單項器械（三節棍、繩鏢、九節鞭、雙鞭、雙槍、春秋大刀、雙刀、雙鉤、樸刀等）

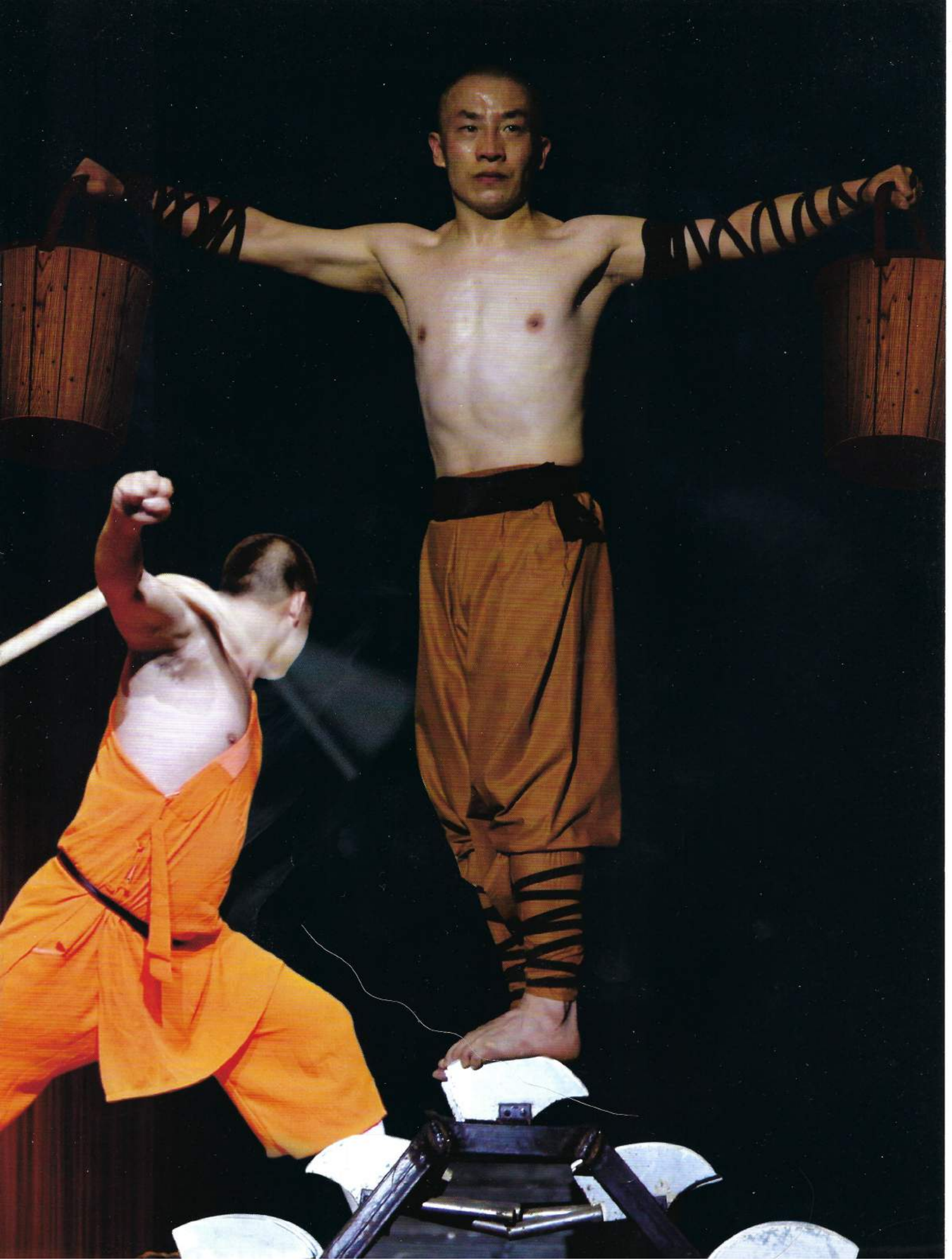
◆Collective Pu Dao of Shaolin

◆Virgin's bowl absorber

◆Collective broom Kungfu

◆Single weapon performance, three-joint club, nine-joint ship, Chunqiu broad sword etc.

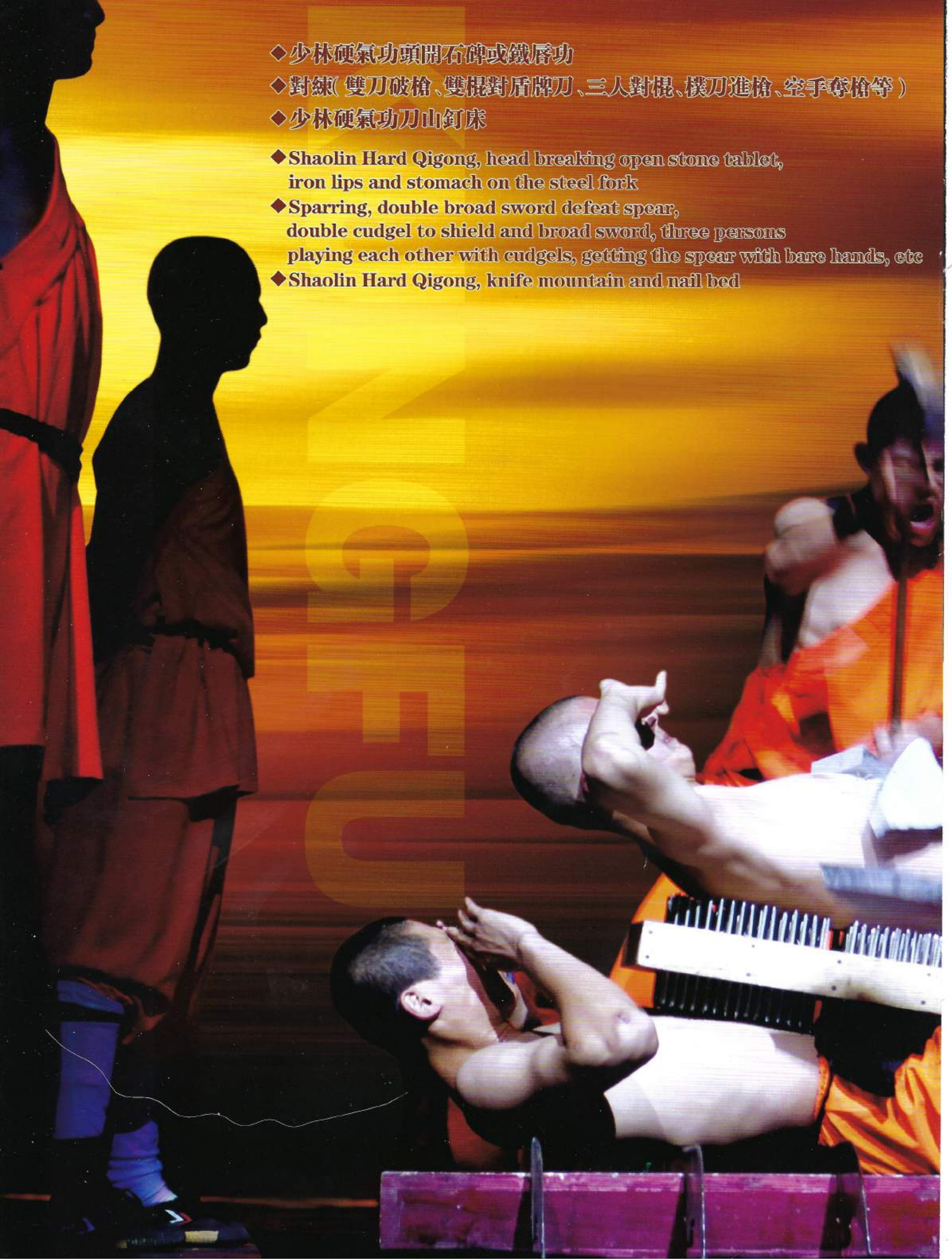






- ◆ 少林硬氣功頭開石碑或鐵唇功
- ◆ 對練(雙刀破槍、雙棍對盾牌刀、三人對棍、撲刀進槍、空手奪槍等)
- ◆ 少林硬氣功刀山釘床

- ◆ Shaolin Hard Qigong, head breaking open stone tablet, iron lips and stomach on the steel fork
- ◆ Sparring, double broad sword defeat spear, double cudgel to shield and broad sword, three persons playing each other with cudgels, getting the spear with bare hands, etc
- ◆ Shaolin Hard Qigong, knife mountain and nail bed





# SOIL 土

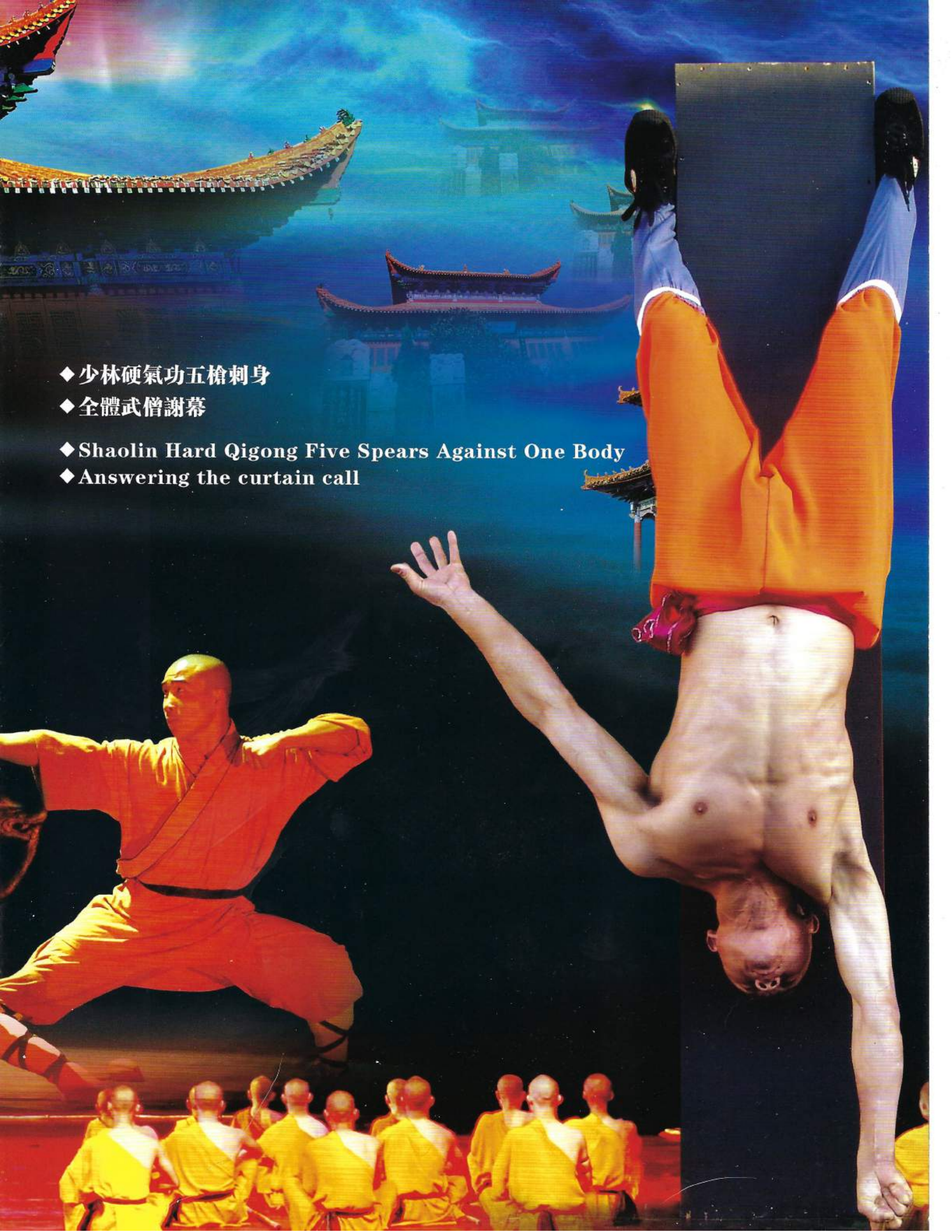




# 無極







◆ 少林硬氣功五槍刺身

◆ 全體武僧謝幕

◆ Shaolin Hard Qigong Five Spears Against One Body

◆ Answering the curtain call



# 簡介

袁振武大師，法號：釋行武

河南嵩山人，家世素有習武傳統，自小聰穎，佛性秉賦。八歲進入少林寺，拜住持方丈為師。獲武學奇才，得道高僧栽培相授。接受中國傳統武術訓練及少林禪武合一思想的薰陶為少林寺第三十二代武僧。習武二十餘年，練就十八般兵器，七十二般武藝。

十八歲即擔任少林寺羅漢堂總教練。中國武術九段，國家一級教練，一級裁判。曾多次代表少林寺武僧團出訪世界各地，全球超過30多個國家及地區進行教學表演及比賽。並參與多項大型電影製作及武術指導。

袁大師現於溫哥華創辦少林禪武學院。教導中國傳統武術及傳揚從達摩祖師一脈相傳之中國禪學。

## Biography

Master Yuan Zhen Wu (Buddhist name: Shi Xing Wu) was born into a family with martial art traditions. At the age of 8 years old Master Yuan studied directly under the Abbott and many other masters bestowing upon him a rare mastery and extensive combination of skills, including: 18 weapons, 72 martial art forms, and qi gong (like iron shirt and gold bell shield).

Master Yuan became the Head Coach of the Warrior Monk (Eighteen Lohans) Team at 18 years old. After acquiring many championships in tournaments Master Yuan became the leader of the prestigious Shaolin Temple Performing Team where he traveled to more than 30 countries around the world.

Master Yuan is recognized as a Level-Nine National Martial Art Master, Top-Tier International Martial Art Coach, Top-Tier National Wushu Referee, and a Lifelong Honorary Technical Advisor to the Chinese National Wushu Association. Master Yuan participates in many large-scale movie manufactures and the martial arts instruction. Master Yuan has dedicated his career to pass on the authentic training methods of Shaolin Temple and has established Shaolin Martial Arts Academy in British Columbia, Canada.



少林武魂

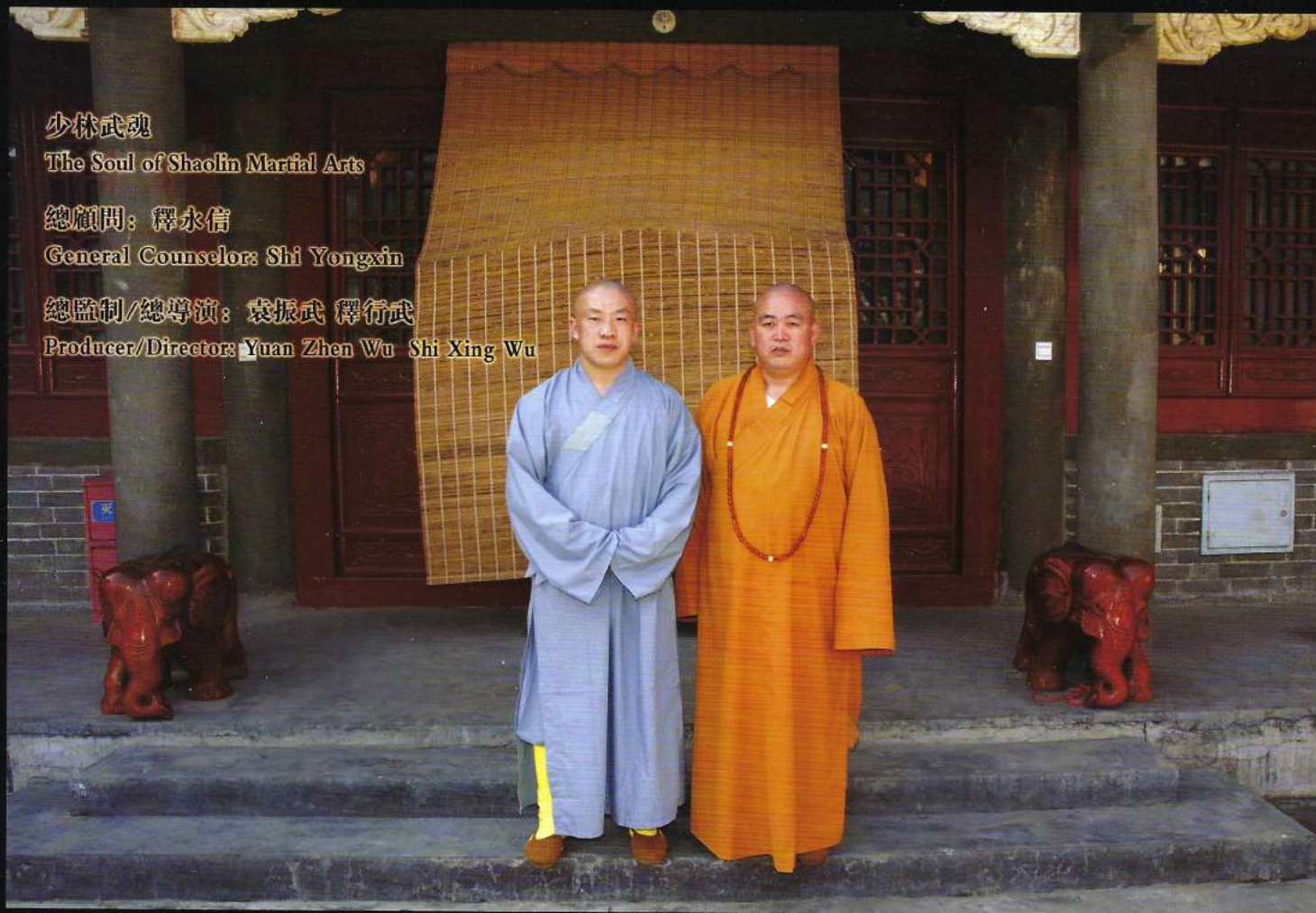
The Soul of Shaolin Martial Arts

總顧問：釋永信

General Counselor: Shi Yongxin

總監制/總導演：袁振武 釋行武

Producer/Director: Yuan Zhen Wu Shi Xing Wu





少林武魂

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# 武行天下

Worldwide Martial Arts



# THE SOUL OF SHAOLIN MARTIAL ARTS

